





Emotion Illustrations Lesson Plans (Lower primary)

- First, take an emotion to explore together and use as an example for this activity. Let's think about Love. Ask the students what they think of when they think of love. It is likely that students may initially think of simple images like hearts and kisses. Tell the students that we are going to explore the emotion in more depth than this.
- Ask the students to close their eyes and think of love: What does love look like? What colour is it? Who or what is it? Is it big or small? Take some ideas from the students and draw them on the board. (Remember, there is no right or wrong answer for this activity, but we want to encourage the students to think about the emotions in a more abstract way so perhaps it's a good idea to make the rule of no love hearts or smiley faces).
- Repeat for the other three emotions: *Fear, Sadness and Happiness*.
- Give the students time to illustrate their worksheets with their own ideas.
- Finally, ask each student / in groups to present their poems to the rest of the class. Explore the comparisons and differences between the ideas. We all think of these emotions in different ways, but we can understand each other!







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Love	Sadness
(Happiness)	Fear ~
	My name is
	I am years old.