

1 Complete the dialogue. Then act it out in pairs.

- A: My great grandfather is 90 years old.
 B: That's great! secret?
 A: Well, he healthy diet.
 B: What does he eat?
 A: He fruit and
 vegetables and he
 fried food.
 B: Does he take any exercise?
 A: Yes, he every day.
 B: What about his mind?
 A: He active and he
 positively.
 B: spending time with
 other people?
 A: Yes, and that's important too.

2 Write the dialogue. Then act it out in pairs.

- A: How many meals / you / eat / day?

 B: Three. What / you / eat when you / be / a
 little hungry?

 A: / usually / apple or / carrot.

 B: How much water / you drink?

 A: / about two litres / day.

 B: How often / you / chips?

 A: About twice / month. / you eat / lot /
 hamburgers?

 B: No, / never / hamburgers. not / like them.

 A: How much sleep / you / get / night?

 B: About eight hours.

3 Complete the dialogue. Then act it out in pairs.

- A: to eat?
 B: pasta to start with,
 please.
 A: else?
 B: Yes, steak too.
 A: anything with it?
 B: Yes, green beans,
 please?
 A: Sorry, but today.
 chips?
 B: No thanks. mixed
 salad?
 A: Yes, of course. Here !
 B: Thanks.

4 Write the dialogue. Then act it out in pairs.

- A: I / be / really tired! I / need / sugar.

 B: Yes, I / know / what / mean.

 A: Let's / have / ice cream / chocolate sauce.

 B: you / serious? How many calories / there /
 ice cream / chocolate sauce?

 A: Lots. Look, I know diet is important. But you /
 got to / enjoy life / as well.

 B: You / eat / lot / ice cream / cakes?

 A: Only / couple of / times / week. What about
 you?

 B: Not really. I / want / live / long / healthy /
 life.
