

Unit 5

Exercise 1

- | | |
|-----|-----|
| 1 e | 5 h |
| 2 g | 6 b |
| 3 a | 7 c |
| 4 d | 8 f |

Exercise 2

- | | |
|-----|-----|
| 1 f | 6 i |
| 2 a | 7 h |
| 3 g | 8 c |
| 4 e | 9 b |
| 5 d | |

Exercise 3

undressing	moving limbs	moving body
roll up loosen remove unbutton	flex stretch bend straighten	roll onto your side lean forward sit up lie back

Exercise 4

1	ankle	all the others are part of your arm
2	sweat	all the others are to do with breathing
3	peak	all the others are actions the doctor might ask you to do
4	calf	all the others are part of your head
5	rest	all the others are verbs of movement
6	put on	all the others are connected with removing clothes
7	elbow	all the others are part of your leg
8	sit up	all the others involve rotation

Exercise 5

- bottom
- respiratory; peak; breath
- roll
- palms; pointing
- ribs
- loosen
- couch