

Unit 4 Social history and telephone conversations

Vocabulary from the book

acid burning
active
alcohol consumption
bitten by
blocked sinuses
bout of indigestion
cope
cut down (on the fags)
cut out (rich food)
domestic violence
expose to
fairly active
give off (fumes)
go on
have a lot on your plate
hazardous materials
manage
moderate smoker
occupational health
persist
persistent cough
phlegm
plain diet
quite physical
reassure
recreational drug use
rely on (welfare)
remedy
rich food
sedentary
severe drink problem
struggle financially
support network
telly
toxic
violent temper

Additional vocabulary

carry on
chain smoker
contaminated
dependency
deskbound
eliminate
get by
get worse
heavy smoker
on the go
poisonous
scratched
social smoker
stroked
stung
timely

Exercise 1

Match the words in the two columns to make a common useful phrase from the unit.

- | | |
|-----------------|---------------|
| 1 persistent | a temper |
| 2 acid | b drug use |
| 3 struggle | c cough |
| 4 rich | d materials |
| 5 hazardous | e indigestion |
| 6 recreational | f health |
| 7 alcohol | g financially |
| 8 violent | h consumption |
| 9 bout of | i burning |
| 10 occupational | j food |

Exercise 2

Match the words with their synonyms.

- | | |
|-------------|--|
| 1 rely on | a manage |
| 2 expose to | b comfort; put someone's mind at rest |
| 3 cope | c cure |
| 4 cut out | d trust or depend on |
| 5 reassure | e eliminate |
| 6 remedy | f emit |
| 7 go on | g put in a position where you can come into contact with |
| 8 give off | h continue |

Exercise 3

Put the following words into the correct column.

active heavy deskbound on the go moderate social sedentary chain

lifestyle	types of smoker

Exercise 4

Identify which one out of the following groups of words is the odd one out.

1	bitten	stroked	stung	scratched
2	eliminate	cut out	cut down	remove
3	nauseous	toxic	poisonous	contaminated
4	fairly	quite	pretty	very
5	colleagues	care workers	support network	friends and family
6	get worse	persist	carry on	continue

Exercise 5

Fill the gaps with suitable words from this unit.

- 1 **Patient:** Well, it's just that I have this _____ cough. I've had it for weeks now; I just can't seem to shake it off. Also, in the mornings when I first clear my throat I cough up this horrible yucky green _____.
- 2 **Doctor:** What sort of support _____ do you have, Mr Jones?
Patient: What do you mean exactly, Doctor?
Doctor: Well, do you have friends and family, or maybe neighbours, that you can turn to when you need a helping hand?
- 3 **Doctor:** So, have you got any idea why you have been feeling so low recently?
Patient: I guess it is a combination of things, really. Things are not good at home and I've got a lot on my _____ at work as well.
- 4 **Doctor:** How are you coping with life in general?
Patient: Not too badly, I guess. We struggle financially as we have to rely on _____, and you don't get a lot from the government, you know.
- 5 **Doctor:** Well, Mr Thorne, I don't think the cause of your headaches and dizziness is anything too serious. I think the main problem is that your sinuses are _____.
- 6 **Doctor:** The _____ burning and bouts of _____ that you are experiencing could well be caused by the very rich diet that you have. The first thing I recommend is that you ...

If you are having difficulty, here are the words for the exercise.

welfare persistent blocked indigestion acid plate phlegm network
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