

Unit 3 Past medical and family history

Vocabulary from the book

abortion
 allergy to something
 balanced diet
 chickenpox
 diapers
 dust
 food allergy
 fully immunised
 hay fever
 immunisations
 incubation period
 iron deficient
 irregular bowel movements
 measles
 miscarriage
 mumps
 off colour
 out of sorts
 painful periods
 poorly
 run down
 shake it off
 shots
 stillborn
 under the weather
 weird
 whiplash

Additional vocabulary

be off something
 be on and off
 be on something
 delivery
 fed up
 get rid of
 gluten
 hyper
 jabs
 nappies
 nuts
 odd
 peaky
 perky
 rashes
 runs
 shingles
 sort something out
 terries

Exercise 1

Match the words in the two columns to make a common useful phrase from the unit.

- | | |
|-------------------|---------------|
| 1 food | a movements |
| 2 off | b periods |
| 3 iron | c fever |
| 4 run | d allergy |
| 5 irregular bowel | e the weather |
| 6 under | f deficient |
| 7 hay | g down |
| 8 painful | h colour |

Exercise 2

Match the expressions to the definitions.

- | | |
|---------------------------|---|
| 1 to be off something | a to take action so you no longer have something unpleasant that you don't want |
| 2 to shake something off | b to happen for short periods but not regularly |
| 3 to be on and off | c to feel tired and generally not healthy |
| 4 to be on something | d to take a particular drug regularly |
| 5 to feel/be off colour | e to get rid of an illness |
| 6 to sort something out | f to no longer like or want something |
| 7 to feel/be run down | g to feel slightly ill |
| 8 to get rid of something | h to deal with a problem |

Exercise 3

Now use the expressions from Exercise 2 to complete the following dialogue. For some questions more than one answer is possible. Make sure you use the correct tense form.

Doctor: Morning, Mr Jones. What can I do for you today?

Patient: Morning, Doctor. To be honest it is nothing particular, guess I just feel really ¹_____.

Doctor: Mmmm, how long have you felt like this?

Patient: Probably about two or three weeks now. I got a bad cold about two months ago and I really couldn't ²_____ ; it stayed with me for weeks. Then, when I had finally ³_____ of the cold I ate some seafood in a restaurant and was quite ill that night. I was ⁴_____ my food for about three days after that.

Doctor: Mmm, sounds like you have had a bad couple of months.

Patient: Yeah, guess you could say that. And even before all these problems started I was feeling pretty low as I split up with my wife about a year ago. As you know, I ⁵_____ anti-depressants for nearly a year now.

Doctor: Oh dear, you have had a bad time of it all. Well, don't worry, I am sure we can ⁶_____ everything ⁶_____ and get you back to your usually healthy self in no time at all.

Exercise 4

Identify which one out of the following groups of words is the odd one out.

1	measles	chickenpox	mumps	shingles
2	delivery	abortion	stillbirth	miscarriage
3	weird	odd	strange	hyper
4	nuts	periods	dust	gluten
5	diapers	nappies	rashes	terries
6	off colour	perky	peaky	out of sorts
7	immunisations	jabs	shots	runs
8	poorly	fed up	off colour	run down

Exercise 5

Fill the gaps with suitable words from the unit.

- 1 **Doctor:** Are you _____ immunised? You know, up to date with all your injections.
Patient: Oh, yes. I've had all the usual jabs for childhood diseases, I think.
- 2 **Patient:** I think I'm _____ to nuts. I had a Thai curry last week and the next morning I had a terrible _____ all over my legs and arms; lots of tiny little red spots.
- 3 **Doctor:** So how long have you had this backache?
Patient: It started about six months ago after the car accident I had. In the accident my head was thrown backwards and forwards by the impact; what do you call that again? _____ ?
- 4 **Doctor:** And how is your appetite generally?
Patient: Oh, good I think. I have a pretty _____ diet really. You know, lots of fruit and veg and then pasty and meat as well, so I get all my carbs and protein too!
- 5 **Patient:** Will I still be contagious then?
Doctor: No, definitely not. The _____ period for this disease is very short and you're well past that time now.

If you are having difficulty, here are the words for the exercise.

whiplash allergic incubation fully rash balanced
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