

UNIT 8 Helping patients with
diabetes management

Medical term		Definition	Translation
alcohol swab		a small piece of cloth which is soaked in alcohol and used to clean skin before an injection, also called <i>alcohol wipe</i>	
bgl		<i>blood glucose level</i> ; the concentration of sugar in the blood, also called <i>blood sugar level</i> (bsl) or <i>capillary blood sugar</i> (cbs)	
blood testing strip		a reagent strip which shows the amount of glucose in the blood	
cholesterol		the amount of fat in the blood	
cool pouch		a small, insulated bag which keeps insulin at a cool temperature when travelling	
cotton swab		a small piece of soft cotton	
gestational diabetes		diabetes that starts during pregnancy	
glucometer		an instrument which measures and records the amount of glucose on a strip containing capillary blood	
glycated haemoglobin		the amount of glucose (sugar) which sticks to the blood	
hyperglycaemia		high blood sugar	
hypoglycaemia		low blood sugar	
insulin pen		a device with an insulin needle which diabetics use to give themselves an insulin injection	
insulin pen needle		a specially designed needle used with an insulin pen	
lancet		a small blade which is used to prick the fingertip	
Type 1 diabetes		diabetes controlled by insulin	
Type 2 diabetes		diabetes usually controlled by medication, diet and exercise	
urinalysis stick		a reagent strip which shows the amount of glucose in the urine	