

UNIT 5 Helping patients
with rehabilitation

Medical term		Definition	Translation
Dietician		a specialist who works with people who have problems with nutrition	
larynx		the area in the back of the throat which contains the vocal chords, also called the <i>voice-box</i>	
modified utensil		a tool (usually for eating) which has been changed so it is easier to use	
nasal cavity		the internal area of the nose	
non-slip bowl		a bowl with a rubber base so that it doesn't move around on the table	
non-tip cup		a cup with a heavy base that doesn't fall over if you knock it	
Occupational Therapist (OT)		a specialist who works with people who need help with activities of daily living	
oesophagus		the hollow tube which connects the throat with the stomach	
Physiotherapist (Physio)		a specialist who works with people who have problems moving after an injury	
puréed diet		a special diet of food which has been made into liquid	
Speech and Language Therapist (SLT)		a specialist who works with people who have problems with communication and swallowing	
spill-proof lid		a cover placed on a cup so that it doesn't leak when a person drinks from it	
swallow reflex		the bodily function which encourages a person to swallow food or fluids in the mouth	
thickened fluids		fluids which have been made thicker for patients with swallowing difficulties to avoid choking	
tongue		the muscle in the mouth which you move and use for tasting and swallowing	
trachea		the tube which allows air to travel from the nose to the lungs, also called the <i>windpipe</i>	
utensil hand clip		a strap that attaches a feeding utensil to the patient's hand	