

UNIT 4 The District Nurse

Medical term		Definition	Translation
bandage		a long piece of soft cloth that you tie around an injury	
dead tissue		a group of cells which cannot survive because they don't have a blood supply	
designation		title e.g. Registered Nurse	
discharge		a liquid, often infected, which comes out of the body or wound	
District Nurse		a nurse who manages the care of people in a particular area	
dose		a measured amount of a medication	
FAO		<i>for the attention of</i>	
GP		<i>General Practitioner</i> , a doctor who works in a particular area	
grab bar		a long piece of metal attached to a wall near a shower or bath that you can hold for extra stability	
Health Visitor		a nurse who gives advice about physical and mental health to people in their own homes	
IM		<i>Intra Muscular</i> ; an injection into the muscle	
inflamed		red, painful and swollen	
microgram		the smallest unit of weight which is usually used, equal to 1/1000 th of a milligram, abbreviation <i>mcg</i>	
Midwife		a nurse who cares for women before, during and after child birth	
nebuliser		a device that converts liquid medication into a fine mist, which is then breathed in through a mask or mouthpiece	
non-slip mat		a mat to use in the shower to stop you slipping over	
odour		smell, usually unpleasant	
Pharmacist		a person who dispenses and gives advice on medications	
Practice Nurse		a nurse who works at a GP's surgery	
Psychologist		a specialist in caring for patients which emotional or behavioural problems	
pus		a yellowish fluid that comes from an infected wound	
raised toilet seat		a toilet seat which is high enough for patients with mobility problems to sit on easily	
rectal		inserted into the rectum	

SHO		<i>Senior House Officer</i> ; a junior doctor who is doing specialist training while working as a hospital doctor	
shower chair		a plastic chair with wheels which can be used in the shower for patients who cannot stand up on their own	
surrounding skin		the skin around a wound	
sutures		surgical stitches used to close a wound	
tissue		the cells which make up the skin	
wound		an injury to the skin, also called a <i>sore</i> or <i>lesion</i>	