

UNIT 6 Mobilising patients

Complete exercises 1a–e below. These exercises practise the following grammar points:

- *will* and *going to*
- expressing reason and purpose

For help with the exercises, you can find a *Grammar reference for Cambridge English for Nursing Pre-intermediate* at the following address www.cambridge.org/elt/englishfornursing.

- 1 a** Look at the sentences (a–j) in the box that a nurse or patient might say. Complete the second part of the dialogues below with a sentence (a–j).

- a Oh dear. I'll get you another blanket if you like.
 b I don't know, Mr Cho, but I'll ask the doctor if you like.
 c Hmm – I won't wake her up. I'll tell him to call back later.
 d Oh, sorry. I'll switch it off.
 e Yes of course – I'll just get her extension number.
 f Yes and then she'll have an appointment with Doctor Hansford.
 g OK, so we won't make you walk too far today.
 h I promise we'll be very gentle, Mr Brown.
 i ~~OK, Helen, I'll change it for him.~~
 j Don't worry. I'll pass it to you.

- 1 A: Sue, Mr Gimlet's IV is going to finish in half an hour, but I need to go to the OT now.
 B: i – OK, Helen, I'll change it for him.
- 2 A: Can you help me, Rachel? I'm afraid I've dropped my walking stick.
 B: _____
- 3 A: Please don't be rough when you lift me up.
 B: _____
- 4 A: I'm afraid you can't use your mobile phone in this ward, Mrs Miller.
 B: _____
- 5 A: I've got Mrs Booker's husband on the phone, but she's still asleep.
 B: _____
- 6 A: I'm feeling a bit cold, Bob.
 B: _____
- 7 A: I'm sorry, Louise. I'm feeling very weak after my operation.
 B: _____
- 8 A: Sorry, Mike. What time will I be able to go home?
 B: _____
- 9 A: Will Mrs Mann have the injections for six months?
 B: _____
- 10 A: Hi, It's Andy Lau here. I'd like to speak to my wife please – Melody Lau.
 B: _____

b Look at the completed dialogues in Exercise 1a above and answer the following questions using *going to* in your answers.

- 1 In dialogue 1, where is Helen going?
She's going to the OT.
- 2 In dialogue 2, what is Rachel going to do?

- 3 In dialogue 5, what is the nurse going to tell Mrs Booker's husband?

- 4 In dialogue 6, what is Bob going to do?

- 5 In dialogue 8, how is Mike going to get information for Mr Cho?

c Look at these sentences that a nurse might say. Rewrite each sentence following the instruction in brackets and underline the verb phrase.

- 1 The injection will hurt.
positive > negative
The injection won't hurt.
- 2 We're going to be able to lift Mr Howard without a sling.
positive > negative

- 3 Mr Thomson probably won't need his wheelchair for another six months.
negative > positive

- 4 You won't feel better in a few days.
negative > positive

- 5 I probably won't pass the exam tomorrow because I haven't had time to study.
negative > positive

- 6 Am I going to need a patslide to transfer Ms Slessor to the trolley?
question > positive

- 7 Will Mr Milligan need vitamin B12 injections every two months?
question > negative

- 8 Mr Adams is going to have his operation today
positive > question

- 9 Mrs Spencer'll be able to use the crutches.
positive > question

- 10 Your Dad is going to visit you this afternoon, Julia.
positive > question

d Look at these sentences that a nurse, a patient or a hospital visitor might say. Complete the sentences using the words in the box. Use each word twice.

as because of for so to

- 1 Make sure the stick is firmly on the ground as you don't want to fall.
- 2 Do you use the walking frame _____ help you?
- 3 I'm afraid I can't give you any information _____ patient confidentiality.
- 4 Hold the handles for me _____ you don't fall over.
- 5 I can't visit my sister _____ the stairs – she lives on the third floor and there's no lift.
- 6 Would you like to go outside _____ a short walk?
- 7 You'll need the slide sheet _____ turn her in bed.
- 8 I'm going to take you to the bathroom now _____ a bath.

- 9 Make sure the top of your crutches are a few centimetres below your armpits, _____ they can hurt a lot if they crutches press into your armpits.
- 10 We're just going to tuck the slide sheet under you _____ we can lift you up the bed.

e Look at these questions on helping a patient to mobilise from an experienced nurse. Complete the answers to each question. You may want to look at Unit 6 Exercise 1d on page 57 of the Student's Book to help you.

- 1 **Q** Why is it a good idea to the phrases *for me* and *for you*?
A The phrases *for me* and *for you* are good **for** showing that you and patient are both helping each other.
- 2 **Q** Why should you use words like *just* when giving instructions?
A We can use words like *just* to _____
- 3 **Q** Why is it important to use the patient's name?
A We use the patient's name **because** _____
- 4 **Q** Why shouldn't a nurse lift a patient without help?
A You should always get help to lift a patient **as** _____
- 5 **Q** What is the purpose of a slide sheet?
A We use a slide sheet **for** _____

Extension

Write a dialogue between a nurse and a patient about mobilisation, following this pattern. Use the language from this worksheet.

