

With a little empathy

1. Read Sebas's diary entry. Then complete the tasks.



Thursday, 4th October

I've been here in Lastres now for a month. From living in Madrid to being here has been a massive change. In Madrid I lived with my mum, I went to school by bus and at the weekend I usually went to a museum or to play at a friend's house. And I saw mum every day. Here I'm with dad. I walk to school and I spend my free time outside. I can even go to the beach. That's great. But the truth is that there aren't many kids of my own age. I was really surprised that there are only twenty-six of us at school. I hope I can make some friends soon. Mum is coming to see me next weekend and I will also go to visit her in Madrid before the end of the month. I ask myself if she misses me.

Dad and I are getting used to spending more time together. I really didn't know he was so funny, nor that he liked silence so much. These days have been a bit stressful. I hope that things calm down soon.

- Compare how Sebas's life was in Madrid and how it is now in Lastres.

MADRID

LASTRES

Who does he live with?

How does he go to school?

What does he do in his free time?

- Analyse the advantages and disadvantages that living in Madrid and in Lastres might have for Sebas.

MADRID	
ADVANTAGES	DISADVANTAGES

LASTRES	
ADVANTAGES	DISADVANTAGES

- Do you think that Sebas could be experiencing the following emotions right now? Why?

enthusiasm

confusion

relief

euphoria

sadness

nostalgia

- Imagine that Sebas is a friend of yours. Now that he lives far away, complete the letter.

Hi Sebas!

How are you? I imagine that you're feeling ...

.....

.....

.....



In Madrid ...

.....

.....

.....

.....

How is ...

.....

.....

.....

.....

I would love ...

.....

.....

.....

.....

I hope ...

.....

.....

.....

.....

Lots of love ...

.....

Emotional competences:
Awareness of how emotions influence behaviour. Contribute to the well-being of others.

2. Read the description that this person has written about herself. Then design a bedroom for her.

My name is Julia and I'm 14 years old. I've had my own bedroom for two years and I love it! It's my refuge, my place to dream, to feel good and enjoy being alone. All my friends say that I'm a happy person and full of life. Although I'm also very home-loving. I think I'm an affectionate and fun person. I love to read, draw and lie down and dream about my future. I'm a big dreamer.



• What furniture would you include? Tick.

bed with canopy

trundle bed

rocking chair

large armchair

desk

bedside table

bunk bed

dressing table

chest of drawers

• What other elements would you add?

cushions

small lamp

music stand

soft toys

sewing machine

piano

mirrors

coloured pencils and paint

curtains

• What colours would you use to decorate it? Why?

.....

.....

• How would you distribute the space? Design it.

3. Now look at this bedroom and explain what you think its owner is like. To help you, first answer the questions.



• Who do you think this room belongs to? Justify your answer.

.....

.....

• Which of these words do you think defines him/her better? Justify your answer.

- | | | | |
|---------------------------------------|---|-----------------------------------|--------------------------------------|
| <input type="checkbox"/> introverted | <input type="checkbox"/> extroverted | <input type="checkbox"/> creative | <input type="checkbox"/> boring |
| <input type="checkbox"/> cheerful | <input type="checkbox"/> serious | <input type="checkbox"/> tidy | <input type="checkbox"/> unorganised |
| <input type="checkbox"/> affectionate | <input type="checkbox"/> short-tempered | <input type="checkbox"/> kind | <input type="checkbox"/> lazy |

.....

.....

.....



• What hobbies do you think this person has? Tick the statements that you think are correct.

- He/She likes unusual sports.
- He/She collects things.
- He/She is a big fan of superheroes.
- He/She loves mystery novels.
- He/She plays the saxophone.
- He/She likes classical music.

• What do you think these hobbies say about his/her personality?

.....

.....

.....

.....

• Now write a description of the owner of this bedroom. Use the answers above as a guide.

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

Emotional competence:
Awareness of how emotions influence behaviour.